



Winner of **Student support award**  
pioneerawards.com



# My SSP: Student Support Program for students studying abroad

Designed to support student success, health and retention



## Student global mobility is an increasing trend



The number of students studying abroad steadily increases year over year. Students who study abroad face unique challenges due to cultural and linguistic differences between their home and host countries. These challenges put them at risk of developing mental health issues and returning home earlier than expected.

**Morneau Shepell's Student Support Program helps students studying abroad overcome these challenges by connecting them with credentialed counselors - located where they are studying - who speak their languages and understand their cultures.**

The program is tailored to the unique needs of students studying abroad, by providing:



- **Full integration with home campus resources**
- **Immediate support 24/7, through chat and phone**
- Ongoing support by appointment through telephone and video
- Access to Master's level counselors experienced in supporting students studying abroad
- Self-directed multilingual resources online and on the My SSP app
- Outcomes-based success measures to report on results

***"The SSP  
was a  
lifesaver -  
it actually  
saved  
my life."***  
- Student

Our Student Support Counselors are available to assist students with:

### Cultural Adaptation

- Social norms
- Language concerns



### Mental Health

- Loneliness
- Stress
- Anxiety
- Sadness



### Student Life

- Study habits
- School-life balance
- Academic stress
- Extracurricular activities



### Relationships

- Maintaining healthy relationships
- Making new friends



## Contact us today to learn how we can help you improve student wellbeing and retention.

Morneau Shepell is the world's leading international counseling organization, providing expert support to over 20 million people around the world.



Download the free My SSP app  
from your device's app store today.